



Here at Lovely Health we have been providing quality selected Green lipped mussel extract from clean, green New Zealand certified producers for over eight years to customers who have been searching for support for their health.

Promoting a healthy body, through healthy diet, exercise, and even watching our thought processes and our emotional system, is vitally important to the overall health of our immune system.

We can also use natural immune system supplements to support and improve our general immunity. As well as having specific functions. Immune System Supplements help in fever management, others increase phagocyte activity, and others help with inflammation. Many will effect a combination of the above, which are all part of the body's immune system.



On our site you will find a range of natural products to assist your system and ultimately you to get the best out of your life. You will also find these pages are rich in information for people looking to support your immune system. You need fish oils in your diet for optimum health and Shark Liver Oil and Omega 3 concentrate are one of the best ways to get it. Colostrum and Probiotics are particularly good ways to help return your gut to good health and support your immune system. Please read more in detail about how to support your immune system by clicking on the products and reading the detailed information sheets.

Any information from these pages should be used in conjunction with advice from your health professional.